

Laser Hair Removal Procedures at the Renaissance Laser & Vein Institute

Laser Hair Removal

Laser hair removal

is fast becoming a preferred way to permanently eliminate unwanted hair growth on the face and body. Unlike electrolysis, the fuzz-free results of laser hair removal last. Another vast improvement over electrolysis is that laser hair removal can treat much larger areas at a time. Electrolysis could only treat small patches since each hair had to be individually treated to target the hair follicle. Though some people balk at the price of laser hair removal, in the long term it is actually cheaper than waxing. The only difference is that with laser hair removal you pay the price of permanent removal all at once, whereas with waxing you pay per session so the cost seems less. The biggest benefit of laser hair removal is undeniably the convenience of never having to worry about shaving and waxing on a regular basis. Taking vacations and throwing on a summer dress or shorts without worrying about unsightly stubble makes it easy to be carefree. Also, laser hair removal eliminates painful ingrown hairs and razor burn, which can leave scar marks on the skin.

For people interested in laser hair removal, finding a specialized laser hair removal clinic is the best way to guarantee successful results. Many laser hair removal clinics offer tempting low prices with poor results, which often results in patients having to get laser hair removal done all over again at a better clinic for the desired hair elimination. At the Renaissance Laser and Vein Clinic, the focus on lasers is a cornerstone of the practice.

Unwanted hair growth can be a constant frustration for both men and women. Shaving, plucking, using Nair®, and waxing can all cause irritation, and none of them give long term results. For some people, the hair can begin growing back the very day it is removed. Until recently, the only option people had for hair removal was electrolysis, which can be prohibitively expensive and incredibly painful.

With the advent of new laser technology, however, all of that has changed. Unwanted hair can be removed safely, quickly, and affordable, with little or no pain whatsoever.

Many people who are tired of their plucking, shaving, and waxing routines are looking to laser hair removal as a means of taking that hassle out of their lives. Laser hair removal works by damaging the root of the hair follicle and stunting growth. More specifically, when a specially calibrated laser is pulsed onto the skin, energy from the laser light is absorbed by the dark pigment in the hair follicle where it absorbs heat and becomes damaged. The dark pigment (melanin) must be present in the hair follicle in order for laser hair removal to work because dark colors naturally are better at absorbing heat. For this reason, people with light colored hair typically do not achieve results through laser hair removal. Good candidates for laser hair removal are able to receive treatment on essentially any area desired, whether it is the

eyebrows, armpits, legs, face, arms, or back.

Longevity of results through laser hair removal is dependent on a number of factors. The aforementioned possession of dark hair is important, as well as the number of sessions undergone. Since hair follicles must be in the active growth phase (not all hairs are at any one time) for laser hair removal to be effective, multiple treatment sessions are required for long lasting results. Some people are even able to achieve permanent laser hair removal with repeated treatments. At the Renaissance laser and Vein Clinic, experienced technicians are able to provide quality laser hair removal treatments for patients all over the San Fernando Valley and Los Angeles. Please call today for a thorough consultation to see if laser hair removal is a good option for you.

How does laser hair removal work?

Hair growth is defined by three distinct cycles. Anagen, the first, is the cycle of growth, during which the follicle is active. Catagen is the intermediate cycle, in which growth ceases and the follicle regresses. The third cycle, Telogen, is the dormant cycle, in which hair will shed and fall out. Laser hair removal targets hair in the first cycle, anagen. During treatment, the laser light is absorbed by the hair follicle and converted into heat, damaging the follicle and preventing further growth.

Hair cells, even those in close proximity to each other, may not be in the same cycle concurrently. It is for this reason that several treatments are often needed for laser hair removal to completely remove all hair from an area; even though one single treatment may "zap" thousands of hairs, hair follicles that are in the catagen or telogen cycles will not be affected.

During the procedure, the laser will be held over the treatment area, and will pulse for a fraction of a second. Multiple pulses will be administered during each treatment; the number will depend on the area being treated. A small area such as the upper lip or underarm may take a few minutes, while a large area such as the back or legs may take up to an hour or more.

Most patients respond well to laser hair removal, with few or no side effects whatsoever. However, some patients report minor irritation and redness, though in most cases this disappears within a few hours.

Hair Removal Dermatology

Hair removal dermatology can be done through a medical procedure that uses an intense laser light to remove hair from unwanted places. The advantage of laser hair removal dermatology over shaving, waxing, and plucking is that it keeps hair from growing back. The laser works by targeting dark melanin in the hair root, in which the intensity and heat of the light beam can be best absorbed to destroy multiple active follicles at once. It's a very non-invasive procedure that can remove hair follicles from the face, chin, bikini line, legs, back, and just about anywhere else on the body.

The laser hair removal dermatology procedures can take anywhere from fifteen minutes to over an hour, depending on the size of the area being treated. Most of the time, several treatments of laser hair removal dermatology are needed for long-term results. This is because the laser will only work against hair follicles in the actively growing phase, and not all follicles are actively growing at the same time. A topical anesthetic may be applied prior to the procedure to help reduce discomfort.

Though the cost of laser hair removal dermatology may seem high at first glance, many patients end up saving money in the long run by putting a stop to the continual purchase of waxing and shaving supplies/treatments.

If you would like more information on laser hair removal, or would like to schedule a consultation with one of our doctors, please contact our office today.

Please visit our other services at Renaissance Laser and Vein Institute; Pearl Treatment, Photofacial laser genesis, IPL Photofacial, laser genesis skin rejuvenation treatments, 3-D rejuvenation, Vein Treatments, and Laser Hair Removal

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